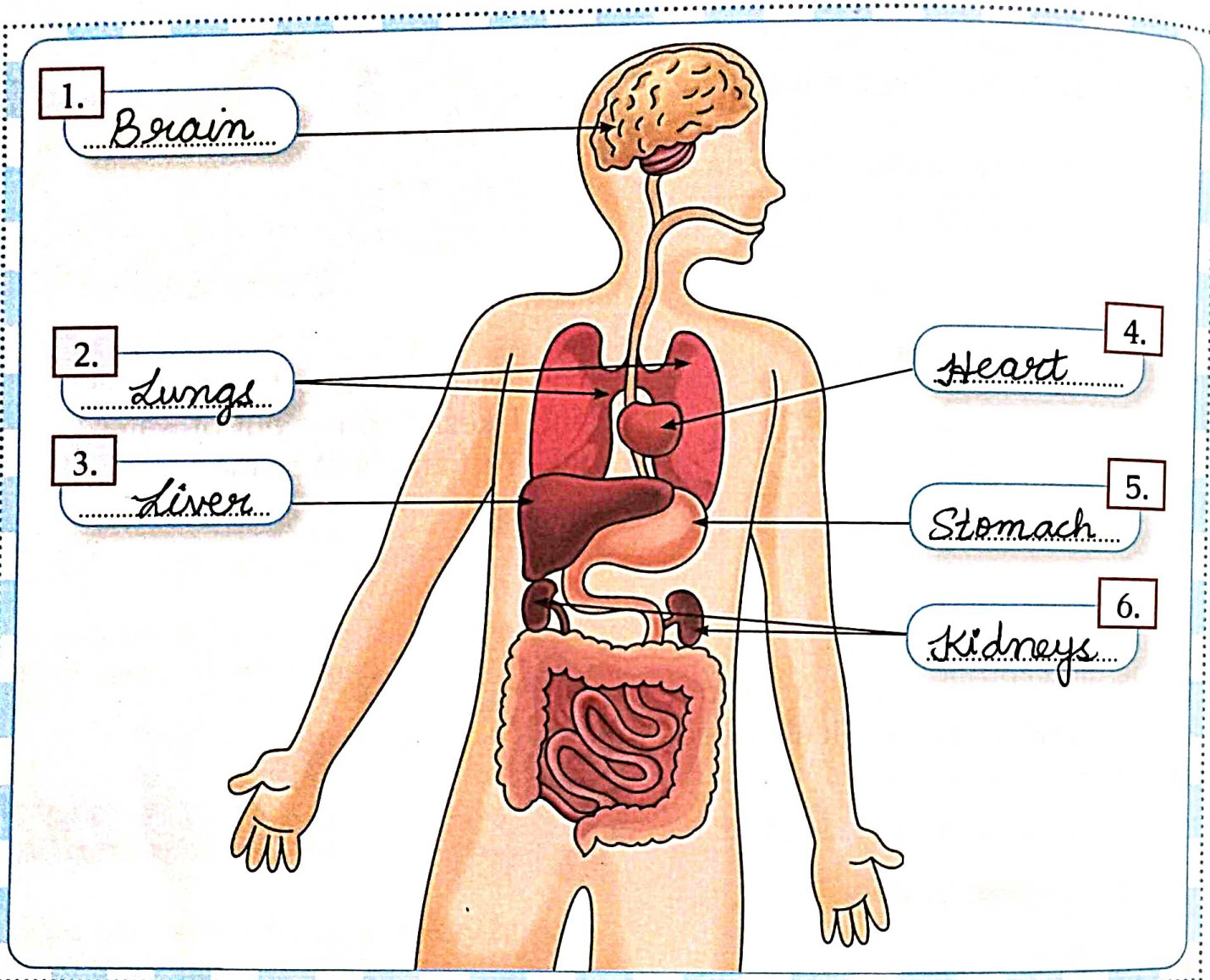


# 5

## Inside Our Body

Our body parts that we can see are called external body parts. But there are many body parts inside our body. These are called internal body parts.

Name the following internal body parts from the Help Box.



### HELP BOX

- a. Heart
- b. Kidneys
- c. Liver
- d. Brain
- e. Lungs
- f. Stomach

### Know it, too!

Physical exercises make our bones and muscles strong. They also keep our internal body parts healthy and fit.

## 6 Up in the Sky

You must have seen the sun in the sky during daytime. You must have also seen the moon and the stars in the night sky. The sun is many times bigger than the moon.

Our solar system consists of the sun, eight planets, their moons and many other big objects.

The picture of our solar system is given below. Complete the names of planets whose numbers are given in the picture.

1 M E R C U R Y

2 V E N U S

3 E A R T H

4 M A R S

5 J U P I T E R

6 S A T U R N

7 U R A N U S

8 N E P T U N E

